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Infertility Workup Guidelines

You should maintain a count of your days in the monthly cycle.

The first day of your menstruation will be considered day 1.

Please record the dates of events listed in this guideline in a diary.

One day 1 of your cycle, call Dr. Ronen's nurse/staff at (713) 464-4444 to notify the date your period began. Within 1-2 days you will be contacted and given appointments for some or all of the following tests:

1. Blood work for hormone studies will be conducted at your designated lab as close as possible to day 5 of your cycle.
2. A Hysterosalpingogram (HSG), an X-ray of your uterus with dye inside will be conducted at the radiology department in the hospital prior to day 10 of your cycle.
3. Blood work for day 21 progesterone will be conducted at your designated lab as close as possible to day 21 of your cycle.
4. A semen analysis may be submitted at any time according to attached guidelines for semen testing.

Good Luck!!

Dr. Ronen and staff